

MA, 21 OKT	DI, 22 OKT	WO, 23 OKT	DO, 24 OKT	VR, 25 OKT	ZA, 26 OKT	ZO, 27 OKT
	<p>17:30 - 18:30 <b>Yoga</b> Group Classes Studio   Jims Jourdan</p> <p>18:30 - 19:30 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Lars Ritter</p> <p>18:30 - 19:30 <b>Sculpt</b> Group Classes Studio   THOMAS GIRARD</p> <p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Jims Jourdan</p> <p>19:30 - 20:30 <b>Zumba®</b> Group Classes Studio   Kaoutar Bernoussi</p> <p>20:30 - 21:30 <b>Animal Flow</b> Group Classes Studio   Stephan Giunta</p>	<p>07:30 - 08:30 <b>Pilates</b> Group Classes Studio   Nancy Henry</p> <p>12:30 - 13:30 <b>Crosstraining</b> Functional Zone   Benjamin Bresseleers</p> <p>17:30 - 18:30 <b>Sculpt</b> Group Classes Studio   Benjamin Bresseleers</p> <p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Jims Jourdan</p> <p>18:30 - 19:30 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Stephane Albi</p> <p>18:30 - 19:30 <b>Jims Jump</b> Group Classes Studio   Ildiko Csuzdi</p> <p>19:30 - 20:30 <b>Crosstraining</b> Group Classes Studio   Antoni Mammarella</p> <p>20:30 - 21:30 <b>Boxing</b> Group Classes Studio   Kadima Kabangu</p>	<p>07:30 - 08:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Vanda cristina Serralheiro custodio</p> <p>12:30 - 13:30 <b>TAF</b> Group Classes Studio   Nancy Henry</p> <p>17:30 - 18:30 <b>Zumba®</b> Group Classes Studio   Maria gioia Gowar</p> <p>18:15 - 19:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Stephane Albi</p> <p>18:30 - 19:30 <b>Crosstraining</b> Functional Zone   Antoni Mammarella</p> <p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Kandi Tshimuanga</p> <p>19:00 - 20:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Jims Jourdan</p> <p>19:30 - 20:30 <b>Les Mills Bodyattack™</b> Group Classes Studio   Lester Monfils</p>	<p>07:30 - 08:30 <b>Pilates</b> Cycling Studio   Nancy Henry</p> <p>12:30 - 13:30 <b>Crosstraining</b> Functional Zone   THOMAS GIRARD</p> <p>17:30 - 18:30 <b>Les Mills Bodypump™</b>   Jims Jourdan</p> <p>18:30 - 19:30 <b>Yoga</b> Group Classes Studio   Emmanuelle Perrichon</p> <p>19:30 - 20:30 <b>Crosstraining</b> Functional Zone   Marouan El Bali</p>	<p>10:00 - 11:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Vanda cristina Serralheiro custodio</p> <p>11:00 - 12:00 <b>Crosstraining</b> Functional Zone   THOMAS GIRARD</p> <p>11:30 - 12:30 <b>Zumba®</b> Group Classes Studio   Kika Bena</p> <p>12:30 - 13:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Yannick Gozo</p> <p>13:30 - 14:30 <b>Core</b> Group Classes Studio   Antoni Mammarella</p>	<p>10:00 - 11:00 <b>HIIT Boxing</b> Group Classes Studio   Kadima Kabangu</p> <p>11:30 - 12:30 <b>Les Mills Bodyattack™</b> Group Classes Studio   Lester Monfils</p> <p>13:00 - 14:00 <b>Jims Jump</b> Group Classes Studio   Jims Jourdan</p>

MA, 28 OKT	DI, 29 OKT	WO, 30 OKT	DO, 31 OKT	VR, 01 NOV	ZA, 02 NOV	ZO, 03 NOV
<p>07:30 - 08:30 <b>Pilates</b> Group Classes Studio   Jims Jourdan</p> <p>12:30 - 13:30 <b>Yoga</b> Group Classes Studio   Maya Alvini</p> <p>17:30 - 18:30 <b>Boxing</b> Group Classes Studio   Kadima Kabangu</p> <p style="background-color: #ffe0b2;">18:00 - 19:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Vanda cristina Serralheiro custodio</p> <p style="background-color: #e0e0e0;">18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Group Classes Studio   Jims Jourdan</p> <p>18:30 - 19:30 <b>Les Mills Bodypump™</b>   Stella Benfatto</p> <p>19:30 - 20:30 <b>Les Mills Bodyattack™</b> Group Classes Studio   Lester Monfils</p> <p>20:30 - 21:30 <b>Yoga</b> Group Classes Studio   Emmanuelle Perrichon</p>	<p style="background-color: #ffe0b2;">07:30 - 08:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Stella Benfatto</p> <p>12:30 - 13:30 <b>Animal Flow</b> Group Classes Studio   Stephan Giunta</p> <p>17:30 - 18:30 <b>Yoga</b> Group Classes Studio   Jims Jourdan</p> <p style="background-color: #ffe0b2;">18:30 - 19:30 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Lola Coste</p> <p>18:30 - 19:30 <b>Sculpt</b> Group Classes Studio   THOMAS GIRARD</p> <p style="background-color: #e0e0e0;">19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Jims Jourdan</p> <p>19:30 - 20:30 <b>Zumba®</b> Group Classes Studio   Kika Bena</p> <p>20:30 - 21:30 <b>Animal Flow</b> Group Classes Studio   Stephan Giunta</p>	<p>07:30 - 08:30 <b>Pilates</b> Group Classes Studio   Nancy Henry</p> <p>12:30 - 13:30 <b>Crosstraining</b> Functional Zone   Benjamin Bresseleers</p> <p>17:30 - 18:30 <b>Sculpt</b> Group Classes Studio   Benjamin Bresseleers</p> <p style="background-color: #e0e0e0;">18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Jims Jourdan</p> <p style="background-color: #ffe0b2;">18:30 - 19:30 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Stella Benfatto</p> <p>18:30 - 19:30 <b>Jims Jump</b> Group Classes Studio   Ildiko Csuzdi</p> <p>19:30 - 20:30 <b>Crosstraining</b> Group Classes Studio   Antoni Mammarella</p> <p>20:30 - 21:30 <b>Boxing</b> Group Classes Studio   Kadima Kabangu</p>	<p style="background-color: #ffe0b2;">07:30 - 08:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Vanda cristina Serralheiro custodio</p> <p>12:30 - 13:30 <b>TAF</b> Group Classes Studio   Nancy Henry</p> <p>17:30 - 18:30 <b>Zumba®</b> Group Classes Studio   Maria gioia Gowar</p> <p style="background-color: #ffe0b2;">18:15 - 19:15 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Stephane Albi</p> <p>18:30 - 19:30 <b>Crosstraining</b> Functional Zone   Antoni Mammarella</p> <p>18:30 - 19:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Kandi Tshimuanga</p> <p style="background-color: #e0e0e0;">19:00 - 20:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Jims Jourdan</p> <p>19:30 - 20:30 <b>Les Mills Bodyattack™</b> Group Classes Studio   Lester Monfils</p>	<p style="background-color: #ffe0b2;">10:00 - 11:00 <b>COACH BY COLOR® Cycling Cube (BE)</b> Cycling Cube   Meriem El ouadghiri lafchouch</p> <p>11:00 - 12:00 <b>Crosstraining</b> Functional Zone   Han Long</p> <p>11:30 - 12:30 <b>Zumba®</b> Group Classes Studio   Kika Bena</p> <p>12:30 - 13:30 <b>Les Mills Bodypump™</b> Group Classes Studio   Yannick Gozo</p> <p>13:30 - 14:30 <b>Core</b> Group Classes Studio   Antoni Mammarella</p>	<p>10:00 - 11:00 <b>HIIT Boxing</b> Group Classes Studio   Kadima Kabangu</p> <p>11:30 - 12:30 <b>Les Mills Bodyattack™</b> Group Classes Studio   Lester Monfils</p> <p>13:00 - 14:00 <b>Jims Jump</b> Group Classes Studio   Jims Jourdan</p>	